

# Gwynedd Youth Service

We put young people first



## Blaenau area



# Gwynedd Youth Service

We put young people first!



➡ Youth work supports young people's social, emotional and educational development. ➡

We **listen** to young people, respond to them and empower them to make the better decisions.

Youth work can happen **anywhere** — at youth centres, clubs, community groups, schools or projects. It can happen in groups or one to one.

Young people **choose** to participate, they don't have to use our service if they don't want to.

## Our Purpose

We are committed to young people in Gwynedd.



We are open to every young person aged between 11-25 in Gwynedd; We work in Secondary Schools and all communities. We offer different types of educational experiences through fun activities — during the day, evenings, weekends, and at residential.

We offer young people opportunities based on what they want and need

We work in partnership with young people and include them in decisions.

We support young people to learn skills, earn accreditations, get qualifications and awards

We give information, support and advice.

We promote the 5 ways to well-being.





# Outcomes

## Because of our youth work:

Young people learn and gain the skills for their life and their future.

Young people are supported to reach their potential.

Young people choose to take part in fun, creative learning experiences and activities.

Young people build their confidence, resilience and wellbeing.

Young people are ambitious and ready to learn throughout their lives.

Young people develop healthy, strong relationships.

Young people are involved, have a voice and are active citizens.

## Young people told us:

I want you to listen to me and include me.

I want you to help me with my mental health and with learning skills, so I can be happy, safe, ready for life and work.

I want you to help me make a contribution in my community.



**We work in partnership with young people and include them in decisions.**

# Meet your Youth Worker

➡ Alaw



I'm a qualified youth worker and I'm registered with the Education Workforce Council (EWC).

I'm passionate about getting young people to try new experiences and believe in themselves and their futures.

I work in partnership with young people and include them in decisions.

I plan, organise and deliver different education experiences and activities that meet the needs of young people... and what they want to do!

I respect young people and don't judge them.  
I support young people to reach their full potential.

I support young people and make learning fun!

I make sure young people know their rights (UNCRC).



Get in touch:

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## Favourites:



Legally Blonde/Greatest Showman/Dumbo



Holidays in Thailand & Hafan y Mor



Indi Pop Rock



Walking & Climbing



Cup of tea - milk, 1 sugar



# Courses



Supporting young people to grow, explore and collect qualifications on the way.



Young people getting these accreditations and qualifications has additional benefits:

- young people learn by having fun
- they contributes to the school's performance points
- they supports the Welsh Government's vision for education
- they're similar to GCSE
- they're valuable on CVs and college or job applications
- they're flexible with a structure that suits the needs of young people they develop relationships between schools and communities
- some of the course, we tailor to young people's needs.

We have many Core Curriculum units which reflect and respond to the needs of young people, national agendas and the labour market. Explore some of courses Alaw is able to offer.



There are many benefits of delivering the Duke of Edinburgh Award:

- it takes learning outside the the classroom
- it improves life outcomes through positive approaches to overcoming challenges and reaching goals
- it develops confidence, teamwork, independence and responsibility
- it develops self-belief, identity and resilience
- it identifies new interests and talents young people learn through having fun
- it develops school-community relationships
- it's great on CVs, job or college applications.

**Explore the opportunity**



## 5 ways to wellbeing 6 x 50 minute sessions Group.

Raises awareness on the 5 ways to wellbeing. Sessions times can be adjusted to need.

## Anger Management Level 1 10 hours HB31CY011 or Can be run with a group or with individuals.

Helps young people understand emotions and the effects of anger. It offers techniques to self manage and ways to control anger.

This course supports the guidance within the Welsh Government's Thinking Positively – Emotional health and well-being in schools and Early Years settings 2010.

## Substance Misuse Awareness Entry Level 3 30 hours or Can offer a one off session to gauge where a person is at or a group can follow a short project/course.

Develops young people's knowledge of substance misuse and where to get information, advice and support. The course covers different types of substances as well as the effects and health issues associated with misuse

## Bullying

 Entry Level 3  10 hours  HB1E3CY029  or 

Explores the effects of bullying and oppressive behaviour, ways of helping victims and where to get help and support

 Level 1  10 hours  HB11CY064  or 

This course meets the requirements in the Welsh Government's Respecting others: Anti-bullying Overview (2011). Understanding of bullying, how people bully others, the effects of bullying and where to get support and help.

 Level 2  30-40 hours  HB12CY057 AF41CY002 

The group work together on an anti bullying whole-school approach project.

## Creating a Tailored CV Level 1 30 hours HC61CY015 or

How to create and shape a CV and supporting letter/email of application. It covers CV formats, constructing and tailoring for a targeted sector.

## Child Sexual Exploitation (CSE) Prevention Minimum 2 x 45 minute sessions Age 14+

A programme developed by Young people as part of work by the Welsh Government and Barnardo's Cymru.

## Developing Skills Level 1 30 hours HB11CY074 or

An Arts for Wellbeing course helping young people understand personal skills, personal progress and the positive results that can come from developing a new skills.

## Decision Making Level 1 AF21CY003 or

Gives knowledge and understanding of decision-making techniques along with processes and potential problems.

## Dealing with Stress (exams) or

Gaining knowledge and skills of managing stress



## Emotional Intelligence .|| Level 1 ⌚ 20 hours 📄 HB11CY089 🧑 or 🧑

Understanding different emotions, emotional intelligence and ways of improving their emotional intelligence.

## Environment Project .|| Entry Level 3 ⌚ 20 hours 📄 QA9E3CY005 🧑

Developing knowledge and understanding of Environmental care with an opportunity to develop their own Environmental project.

## Equality & Diversity .|| Level 1 ⌚ 10 hours 📄 GA71CY004 🧑 or 🧑

Developing knowledge around equality and diversity issues by understanding aspects of equality, diversity and stereotyping.

## Exploring & Developing a Craft Idea .|| Level 1 📄 JA21CY022 🧑

Developing the skills to explore creative work of others and support to develop their own craft ideas and their own project brief.

## Exploring Entrepreneurship .|| Level 1 ⌚ 20 hours 📄 AE81CY003 🧑

Exploring the characteristics of a successful entrepreneur. This course is for groups with an enterprise project.

## Healthy Lifestyles .|| Level 1 ⌚ 10 hours 📄 PA91CY015 🧑 or 🧑

Understanding of what contributes to a healthy lifestyle as well as the terms, components and impacts of a healthy lifestyle.

## Budgeting and Planning Finances .|| Level 1 ⌚ 10 hours 📄 HD41CY023 🧑 or 🧑

Understand the benefits of planning, using a budget and controlling personal spending. Also understand debt and sources of support.

## Leaving Home .|| Level 1 ⌚ 10 hours 🧑

An early intervention course to reduce and raise awareness of Youth homelessness. Understanding the advantages and disadvantages of leaving family home, accommodation options available, and the responsibilities involved in running their own home.

## Time Management .|| Level 1 ⌚ 20 hours 📄 AF21CY005 🧑 or 🧑

Why timekeeping is important to manage their time effectively and assess their own time management skills

## Smoking 🧑 or 🧑

Intervention can include preventative short sessions or be tailored to the needs of groups.



## Preparing for Work Level 1 30 hours or

Reviewing their skills, values and experiences in seeking job or college opportunities. Matching skills to requirements, completing personal plans and application forms. The course also prepares young people for interview processes and how to present themselves.

## Planning & Preparing for work Experience Level 1 10 hours HC41CY044 or

Young people learn to identify placements, contact employers and follow guidance. They identify opportunities to develop their skills from action plans, and follow work placement Health & Safety requirements.

## Resilience Skills Level 1 10 hours HB11CY061 or

Developing an understanding of resilience and its impact. How to develop as an individual as well as developing their resilience skills.

## Team Working Level 1 20 hours AF41CY002

Working as a team to contribute and deliver team objectives. Learning how to contribute, work with others and identify effective team performance.

## Social & Legal Aspects of Personal Safety

 Entry Level 3  10 hours  HB1E3CY34  or 

Covering a variety of topics (alcohol, drugs, relationships and sexual exploitation, driving) so young people get an understanding of the dangers, consequences and ways of keeping safe.

 Level 1  10 hours  HB11CY075  or 

Level 1 is available, however this will need to be discussed with SchoolBeat Office as apt of the all wales School liaison core programme.

## Crime Prevention & Keeping safe

 Entry Level 3  10 hours  QH5E3CY002  or 

Developing knowledge and understanding of the law, the consequences of a criminal conviction and how to keep safe (in relation to substance misuse anti-social behaviour (ASB), the Internet and domestic abuse).

 Level 1  10 hours  QH51CY005  or 

Level 1 is available, however this will need to be discussed with SchoolBeat Office as apt of the all wales School liaison core programme.

## Mental Health & Wellbeing

 Entry Level 3  20 hours  HJ1E3CY009  or 

Raise awareness of emotional wellbeing and mental Health; understand the Concept of mental Health & wellbeing, how different factors affect mental Health and wellbeing, stereotyping impacts and where to get Support and help

 Entry Level 3  20 hours  or 

Understand the concept of mental health & wellbeing, how different factors affect mental health & wellbeing and where to get support and help.

# AWARDS



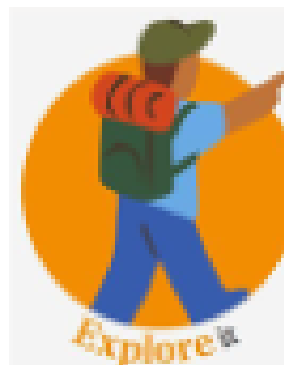
## Supporting young people to learn in the outdoors



### Discover

...a wild place through nature connection activities and consider what makes it wild, how wild it is and how it makes you feel. Could it be wilder?

See a wild place through the lens of its attributes (e.g., natural processes, visual characteristics, soundscape, human influence, flora and fauna, connectivity / remoteness).



### Explore

...your wild place, deepen your knowledge and understand it better. Enjoy a variety of activities with a sense of adventure and curiosity.

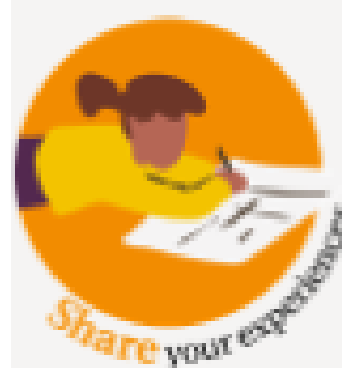
Learn more about your wild place - how it is good for nature, how it is good for humans, what might threaten keeping it wild? Consider what you can do to help protect or restore it.



### Conserve

Now it's time to take action to protect or restore your wild place. You can do practical conservation activities, raise awareness or take other actions to help protect wild places.

Consider the longevity of your actions - how can you sustain the benefits beyond your Award activities? By engaging in the Conserve-Challenge, you will help the John Muir Trust look after wild places across the whole of the UK.



### Share

Reflect on what you have experienced, how your activities have made you feel, what you have learned and what you have achieved.

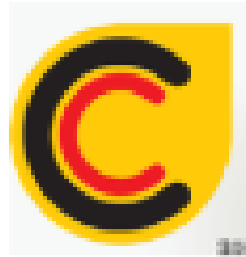
Consider why wild places are important and how you have helped your chosen place; what impact do you think this has had for wild places as a whole?

**Youth Workers work with the Award to foster engagement with young people to connect, enjoy and care for wild places.**

**The Award is engaging, non-competitive and encourages young people to be inclusive within their communities.**



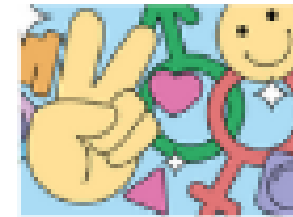
### C-Card Scheme



The C-Card scheme is a confidential service that also offers information and advice about sexual health and relationships to young people age 13-25.



Youth Workers are trained to offer this service

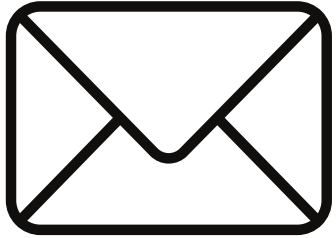


Youth Workers can also offer a variety of Healthy Relationship session





# Get in touch with:



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## Alaw



Alaw Evans – Gweithiwr Ieuenctid Youth Worker

